Seven student nurses from the University of Worcester undertook a five mile charity walk after being inspired by their studies.

As part of their nursing studies the group had to create a plan of care for a woman, with a family, who was receiving palliative care for breast cancer.

During the process of working together as a group, gathering information and preparing the care plan they found themselves empathising with the young woman.

Student Jess Arrowsmith said: “Some of us could identify as the woman was a similar age to our mothers, and some of us could identify as we are mothers with families of our own.

“As a group we felt so passionately about this that we decided to raise money to support both cancer research and cancer care.

“Therefore we decided to undertake a five mile sponsored walk between the University of Worcester St John’s Campus and the Worcestershire Royal Hospital.”

The group, which consisted of Emma Thomas, Lucy Stevens, Jess Arrowsmith, Ffion Banfield, Katie Doughty, Katy Bowen-Dickens and Tamsyn Lewin, successfully completed the walk in just under two hours and managed to raise £300 for Cancer Research UK.